VIRGINIA HOUSING DEVELOPMENT AUTHORITY FAMILY SELF SUFFICIENCY ACTION PLAN OCTOBER 2022

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I. Introduction

Instructions: While not required by the applicable regulations, an introduction is recommended to provide an overview of what the document is and what it contains.

Introduction

This document constitutes the Family Self Sufficiency (FSS) Program Action Plan for the FSS program operated by VHDA.

The purpose of the FSS Program is to promote the development of local strategies to coordinate the use of HUD assistance with public and private resources in order to enable eligible families to make progress toward economic security.

The purpose of the FSS Action Plan is to establish policies and procedures for carrying out the FSS program in a manner consistent with HUD requirements and local objectives.

This FSS Action Plan describes the VHDA's local polices for operation of the FSS program in the context of federal laws and regulations. The FSS program will be operated in accordance with applicable laws, regulations, notices and HUD handbooks. The policies in this FSS Action Plan have been designed to ensure compliance with all approved applications for HUD FSS funding.

The FSS program and the functions and responsibilities of PHA staff are consistent with the VHDA's personnel policy and Agency Plan.

II. Program Objectives

Instructions: While not required by the applicable regulations, a section on program objectives can help provide an overall framing for what your FSS program is trying to achieve. Your FSS program is free to adopt whatever local objectives you wish so long as they do not conflict with the federal objectives.

Program Objectives

VHDA's FSS program seeks to help families make progress toward economic security by supporting the family's efforts to:

- Increase their earned income
- Build financial capability
- Achieve their financial goals

Virginia Housing Development Authority (VHDA) will create an FSS program to assist families with achieving self-sufficiency through various self-directed activities. While education and job readiness are the primary goals, clients will be assessed in the area of life skills, health and wellness. We will establish Family Self – Sufficiency guidelines to help participants achieve economic self-sufficiency through education and job readiness thereby decreasing their dependency of government assistance. To ensure that the FSS program is functioning at its best, we will operate as effectively and efficiently as we can while incorporating the new approaches to better assist FSS families in our action plan. This means that we will continue to understand our demographics, recruit families, provide activities, supportive services, follow HUD guidelines and evaluate the programs components to ensure that we are allowing our participants an opportunity to succeed.

III. Program Size and Characteristics

III.A. – Family Demographics

Instructions. Describe the characteristics of the families you expect to be served by your FSS program. This is not your current FSS program – it's the population of potential participants. This information must include data on their race and ethnicity and may also include data on other characteristics.

Note: This information is required per 24 CFR § 984.201(d)(1). That section also requires a description of

Family Demographics

These tables describe the demographics of the population expected to be served by VHDA's Action Plan.

The FSS program will serve the following housing assistance programs:

- Housing Choice Vouchers: Tenant-Based Vouchers
- Housing Choice Vouchers: Project-Based Vouchers (Future)

supportive service needs of families expected to be served, which is covered in Section III.B of this sample Action Plan, and how many families are expected to be served, which is covered in Section III.C.

Description of sample tables

Start by indicating which housing assistance programs your FSS program will serve by checking the appropriate boxes.

The sample Action Plan then includes several tables that you may use to show characteristics of the population expected to be served. If it makes it easier to develop estimates, new FSS programs may assume that FSS participants will be similar to the general population of the PHA or property.

To describe the characteristics of the families your program plans to serve, you may use the tables in the right-hand column and fill them in to provide the appropriate information. You may also modify the tables to specify different ranges or to otherwise reflect the available data. The information requested through the tables should be available on the HUD-50058 or HUD-50059 Family

Ages of Head of Household and Other Adults

Presence and Ages of Children

Employment Status of Population to be Served

	Percent
Employment Status of Head of Household	
Families with an employed head	32%
Families whose head is unemployed	82%
Employment Status of All family members	
Families with any member that is employed	82%
Families with no employed member	18%

Annual Earned Income of Population to be Served

	Percent
Annual household earnings <\$5,000 per year	1%
Annual household earnings between \$5,000 and \$9,999	1%
Annual household earnings between \$10,000 and \$14,999	16%
Annual household earnings >\$5,000	82%

Reports in PIC or TRACS, respectively.

To complete the tables:

- Ages of Head and Other Adults. For each row, estimate the share of heads or other adults (as noted) in each age category.
- Presence and Ages of Children. For the first row, estimate the percentage of households that have no children under 18. For the second row, estimate the percentage of households with one or more child age 13-17. For the third row, estimate the percentage of households that include at least one child age 12 or younger and no children over age 12.
- Employment Status. For the first two rows, estimate the share of families whose heads are employed and unemployed. The two rows should add up to 100%. The next two rows show similar information, but for all family members. These two rows should also add up to 100%.

Elderly/Disability Status of Population to be Served

	Percent
Elderly/Disability Status of Head of Household	3,714
Head of Household is an elderly person without disabilities	45%
Head of Household is an elderly person with disabilities	55%

Race and Ethnicity of Population to be Served (required)

Race		Non-Hispanic	Hispanic
White	36%	30%	6%
Black or African-American	58%	52%	6%
American Indian or Alaska Native	3%	3%	0%
Asian	2%	2%	0%
Native Hawaiian or other		1%	0%%
Pacific Islander	1%		
Other Races			

- Annual Earned Income.
 Estimate the share of families within each earned income category.
- Elderly/Disability Status.
 Estimate what share of families have an elderly head or a head with disabilities, and then estimate what share of families include an elderly person or a person with disabilities.

III.B – Supportive Services Needs

Instructions: Describe in this section the supportive service needs of the families you expect to participate in your FSS program. The sample text provides illustrations of needs to consider. Feel free to adjust this list to reflect the needs you identify. Then indicate how you identified the supportive services needs by checking one or more of the boxes and/or adding your own explanation.

Note: 24 CFR § 984.201(d)(1) specifies that FSS Action Plans must include "Family demographics. A description of the number, size, characteristics, and other demographics (including racial and ethnic data), and the supportive service needs of

Supportive Services Needs of Families Expected to Participate in FSS

The following is a list of the supportive service needs of the families expected to enroll in the VHDA FSS program:

- Training in basic skills and executive functions (including household management)
- Employment training, including sectoral training and contextualized and / or accelerated basic skills instruction
- Job placement assistance
- GED preparation
- Higher education guidance and support
- Assistance accessing and paying for child care
- Transportation assistance

the families expected to participate in the FSS program" The characteristics other than supportive service needs are covered above, in Section III.A and the size of the program is covered in Section III.C.	 Financial coaching, including assistance with budgeting, banking, credit, debit, and savings Dental care, health care, and mental health care including substance abuse treatment/counseling Homeownership readiness This list of supportive services needs is based on:
	 ☑ Experience with past FSS or other supportive service program participants ☐ Input from the PCC or other service provider partners ☑ A needs assessment completed at enrollment ☐ Other:

III. C. – Estimate of Participating Families

Instructions: Provide an estimate of the number of eligible families who can reasonably be expected to receive services based on available resources.

If you are funded for FSS coordinator positions, by virtue of that funding, you have a minimum number of participants to be served each year. Be sure that your Estimate of Participating Families is at a minimum, the number of participants required by your funding.

Note that if you have not yet fulfilled your Mandatory Program size requirement, your Estimate of Participating Families must be at least the minimum program size required for your agency. For more information, see 24 CFR §984.105 and FSS Guidebook Section 6.6 Minimum FSS Program Size).

Estimating Participating Families

Estimate of Participating Families

VHDA is establishing a new FSS program and has applied for funding through the recent NOFO. VHDA anticipates serving a minimum of 25 participants. The program's resources will determine the number of spaces available at any given time, including the number of FSS coordinators. New families will be admitted to the program as space permits.

During the initial five years of the FSS program, VHDA expects to be able to provide FSS services to 50 families. This is based on the assumption that 25 families will graduate in five years and 5 families will leave the program each year for other reasons, with new families being enrolled as these families exit. VHDA will maintain a caseload of 25 families continuously.

You must describe how many families you expect your FSS program will be able to serve at a time and then estimate how many families your program will serve over a five-year period. The sample text includes different options for existing and new programs.

If you are operating an *existing program*, you should use your records to identify how many families enroll per year and add five years of new enrollment to the typical program size to estimate how many families you will serve over five years.

If you are starting a *new program*, you will need to adopt some assumptions about graduation and attrition for other reasons. For example, assume an FSS program has a capacity of 100 families and expects to operate at capacity at all times. If the program expects 50 of those families to graduate in five years (with some families getting an extension) and 10 families to leave the program each year for other reasons, the expected number of families to be served in the first five years is 200 (100 + 50 new enrollees) who replace graduates + 50 new enrollees who replace families who leave for other reasons.)

Note that the number of families your FSS program expects to serve is different from the minimum number of families that your FSS program is required to serve under the terms of the Notice of Funding Opportunity that allocated the funds. FSS programs are encouraged to enroll more than the minimum number of families, so long as this is possible without compromising your program's quality.

If your agency is a PHA with an FSS mandate, you should include the text indicated in the right-hand column and complete the table.

In accordance with CFR §984.105(c), if the Estimate of Participating Families is smaller than the Minimum Program

Size, indicate if you have an exception granted by HUD to run a program smaller than the mandate and when that exception expires.

III. D – Other Self-Sufficiency Programs

Instructions: If you expect families from another self-sufficiency program to enroll in your FSS program, provide estimates of the numbers of these families.

For PHAs: If you seek to enroll families in the FSS program that are nearing the end of their eligibility for the Jobs Plus Earned Income Disregard as a way to continue to serve these families, you may wish to describe this approach in this section.

Other Self-Sufficiency programs

The VHDA expects to enroll into FSS families from the self-sufficiency programs checked in the table below.

Name of Program	Check box if applicable	Number of Families each year
Foster Youth Initiative (FYI)	\boxtimes	TBD
Emergency Housing Voucher (EHV)	\boxtimes	TBD
Veterans Affairs Supportive Housing (VASH)	X	TBD

IV. Family Selection Procedures

Instructions: Describe your policies and procedures for selecting FSS participants, including whether your FSS program will offer a preference to prospective participants who are already enrolled in, or on the waiting list for, FSS-related service programs and whether your FSS program plans to screen prospective participants for motivation to participate. (Note that

Family Selection Procedures

A. Waiting List

A waiting list will be maintained for families whose applications cannot be accepted at the time of initial application due to program capacity limits. The waiting list will include the name and contact information for the head of household of the applicant family. The date of their application will be used to determine the order in which the family is selected.

B. Admissions Preferences

☒ Option 1: No preference:

motivation is the only allowable screening criteria to include).

Note: The maximum number of FSS slots with a selection preference is limited to 50% of the total number of FSS slots.

For any preference your program selects, you must provide the following:

- 1. Percentage of slots for which your program will give the selection preference
- 2. If applicable, the FSS related service programs to which your program will give a selection preference
- 3. The method of outreach to, and selection of, families with one or more members participating in the identified programs
- 4. How families with the applicable preferences will be selected from the wait list: (a) date and time of application; or (b) a drawing or other random choice technique.

(see 24 CFR 984.203 and FSS Guidebook Section 2.2 Outreach and Enrollment)

Policy Decisions: In completing this section, you will need to make the following policy decisions:

The FSS program has not adopted any admissions preferences. Families will be selected based on the following selection method:

Date of applicant's application	\boxtimes

C. Screening for motivation.

The VHDA will not use any motivational screening factors to measure a family's interest and motivation to participate in the FSS program.

D. Compliance with nondiscrimination policies

It is the policy of VHDA to comply with all Federal, State, and local nondiscrimination laws and regulations, including but not limited to the Fair Housing Act, the Americans with Disabilities Act, and Section 504 of the Rehabilitation Act of 1973. No person shall be excluded from participation in, be denied the benefits of, or otherwise be subjected to discrimination under the FSS program on the grounds of race, color, sex, religion, national or ethnic origin, family status, source of income, disability or perceived gender identity and sexual orientation. In addition, VHDA's FSS staff will, upon request, provide reasonable accommodation to persons with disabilities to ensure they are able to take advantage of the services provided by the FSS program (see Requests for Reasonable Accommodations).

The FSS program staff has the primary responsibility to make sure that participants are not discriminated against in the selection process. For families or individuals whose potential enrollment is in question, the FSS coordinators will review the file in the staff review meeting to ensure that non-selection is not based on discriminatory factors before the final decision is made. Applicants will be notified in writing of the reason(s) they were not selected for participation and will have the opportunity to appeal the decision (see Hearing Procedures). At all times, VHDA will select families for participation in the FSS program in accordance with FSS Regulations and HUD guidelines.

E. Re-enrollment of prior FSS participants

The following previous FSS families will be allowed to re-enroll in VHDA's FSS program:

- 1. Whether to allow selection preferences. If so, (a) what selection preferences, (b) outreach methods, and (c) selection methods. Start by indicating whether you will utilize any selection preferences by selecting the appropriate option. Then complete the table applicable to that option.
 - The "% of FSS slots" is a percentage of the whole anticipated program size, as established in III.C (above)
- 2. Whether to include a screening for motivation. If so (a) what the screening will entail, and (b) how the FSS program will ensure reasonable accommodations to avoid discrimination. Select the appropriate option.
- 3. What families or family members may re-enroll in the FSS program following exit from the program and under what circumstances.
- 4. What process to follow for documenting the family's choice of Head of FSS Family.

Note: Your FSS program may use motivational screening factors to screen families interested in participating in the FSS program. You

- ☒ FSS participants who have withdrawn voluntarily
- ☐ Families terminated with escrow disbursement
- ☐ Family members who were not Heads of FSS Family previously

The following conditions apply to re-enrollment:

F. Head of FSS Family

The head of the FSS family is designated by the participating family. The VHDA may make itself available to consult with families on this decision but it is the assisted household that chooses the head of FSS family that is most suitable for their individual household circumstances. The designation or any changes by the household to the Head of FSS Family must be submitted to the VHDA in:

■ Writing

may use these factors to measure a family's interest and motivation to participate in the FSS program.

(see 24 CFR 984.203 and FSS Guidebook Section 2.2 Outreach and Enrollment)

Note: This section includes a required statement affirming that the organization will not engage in unlawful discrimination.

V. Outreach

Instructions: Describe the planned notification and outreach efforts by your FSS program to recruit FSS participants from among eligible families and to provide FSS information to minority and nonminority families.

The sample Action Plan lists a number of typical outreach methods. Check the ones that apply to your program and provide details about how you will implement each method, including how often.

You should feel free to modify this section to reflect your program's outreach strategy. However, it is recommended that you retain the note at the end of this section which affirms that outreach will comply

Outreach

The VHDA will conduct widespread outreach to encourage enrollment in the FSS program. Outreach efforts will include the activities identified through the checked boxes below:

Interpreters will be used as needed and clients may contact staff to express interest in person, via our toll-free telephone number or by email.

- Information will be available about FSS in voucher packages and at re-exams
- Flyers will be mailed to eligible participants
- VHDA's website will have information and updates on FSS events
- Flyers and posters will be in locations likely to be seen by eligible families
- Community engagements with the VHDA will have FSS information available

Outreach informational material about the FSS Program will include information about:

- Program overview
- Program benefits
- Available resources
- Participant responsibilities
- Program outcomes

with all appl	icab	le fa	ir ho	using
protections.				

(see 24 CFR 984.201(c)6 and FSS Guidebook Section 2.2 Outreach and Enrollment)

Outreach efforts will be targeted equally to all families, using materials in both English and other commonly spoken languages to ensure that non-English and limited English-speaking families receive information and have the opportunity to participate in the FSS Program. In conducting outreach, the VHDA will account for the needs of person with disabilities, including persons with impaired vision, hearing or mobility, and provide effective communications to ensure that all eligible who wish to participate are able to do so.

VI. FSS Escrow Account and Other Incentives for Participants

Instructions: Describe your FSS program's policies regarding the escrow account, as well as any other incentives that you intend to offer eligible families to encourage participation in the FSS program.

The sample text covers key issues related to escrow program administration, including interim disbursements. While FSS programs are not required to offer interim disbursements, HUD encourages FSS programs to do so as a way of helping families stay on track toward their goals.

(see 24 CFR 984.305 and FSS Guidebook Section 2.2 Outreach and Enrollment for information on incentives. See 24 CFR 984.305(c)2 and 24 CFR 984.305(f)2 respectively for regulations relating to interim disbursement of escrow funds and information relating to forfeited escrow funds and FSS Guidebook

FSS Escrow Account and Other Incentives for Participants

FSS participants will be eligible to build savings from the FSS escrow account. Key policies and procedures applicable to the FSS escrow account, as well as any additional incentives offered by the VHDA are described below.

A. Additional Incentives

While the VHDA's FSS program does not provide any other financial incentives for FSS participants, it does provide coaching services, as well as referrals to other service providers, that can be very valuable for FSS program participants.

B. Interim Disbursements

The VHDA will allow for interim disbursements on a case by case basis:

The VHDA will allow for interim disbursements on a case by case basis. Families may request an interim disbursement from the escrow account once the FSS family has fulfilled at least one interim goal, in order to pay for specific goods or services that will help the family make progress toward achieving the goals in its Individual Training and Services Plan (ITSP). Requests may be made in writing. Requests may be made through the term of the Contract of Participation. Examples of potentially eligible activities include, but are not limited to, payments for post-secondary education, job training, credit repair, small business start-up costs, job start-up expenses, and transportation to/from a place of employment. A

Section 5.2 The FSS Escrow Account.)

Policy Decisions: In completing this section, you will need to make the following policy decisions:

- 1. Whether to provide financial incentives to FSS participants (in addition to the escrow account), and, if so, what incentives to provide under what conditions. (Select the appropriate option.)
- 2. Whether to allow interim disbursements of escrow savings. If so: (a) under what conditions will interim disbursements be permitted (including restrictions on interim disbursements, if any), and (b) what your programs procedures for applying for and approving interim disbursements will be. (Three options have been provided. If you select the second option, indicate what guidelines apply to specific expenditure types.)

In your policy, be sure to include

- how a request is made
- by whom
- any limitations on when a request may be made
- eligible activities

determination of whether the family qualifies for the requested interim disbursement will be made on a case-by-case basis. Approvals will be made by Director of the HCVP.

Uses of forfeited escrow funds.

Treatment of forfeited FSS escrow account funds. FSS escrow account funds forfeited by the FSS family (if any) will be used to support FSS participants in good standing and FSS coordinator training. Upon written request from a family, the FSS Coordinator will consider the available funds and make a determination. At the discretion of the FSS coordinator, forfeited escrow funds may be considered in lieu of an interim escrow disbursement. Forfeited FSS escrow funds may be deployed at any time during the term of a household's COP. The head of the FSS family may request use of forfeited funds for eligible uses in conjunction with ITSP goals. However request for uses will be a case by case basis and at the discretion of the FSS coordinator and the HCVP director.

Disbursements from Escrow Account

Families may request an interim disbursement from the escrow account once the FSS family has fulfilled at least one interim goal, in order to pay for specific goods or services that will help the family make progress toward achieving the goals in its Individual Training and Services Plan (ITSP). Requests may be made in writing. Requests may be made through the term of the Contract of Participation. Examples of potentially eligible activities include, but are not limited to, payments for post-secondary education, job training, credit repair, small business start-up costs, job start-up expenses, and transportation to/from a place of employment. A determination of whether the family qualifies for the requested interim disbursement will be made on a case-by-case basis by the FSS Coordinator and an administrative staff representative of VHDA. Interim payouts should not exceed accumulated escrow balance.

C. Use of Escrow Funds for Homeownership

The FSS family may use FSS account funds for the purchase of a home, including the purchase of a home under one of HUD's homeownership programs, or other Federal State, or local homeownership programs.

- how the request will be reviewed/who will make the determination
- 3. What are the eligible uses of forfeited escrow funds? (Check the uses that apply to your FSS program.

In your policy, be sure to include

- how a request is made
- by whom
- any limitations on when a request may be made
- eligible activities
- how the request will be reviewed/who will make the determination.)

- D. Graduation and Final Withdrawals from FSS Escrow Account VHDA will disburse to the head of the FSS family the amount in the family's FSS escrow account, less any amount owed to VHDA when the family is compliant with its lease and
 - The VHDA determines that the family has completed the terms of this contract, including the terms of all ITSP's
 - The head of the FSS family certifies that no member of the FSS family is a recipient of welfare assistance.
- E. Termination of Contract with Escrow Funds

The CoP will be terminated with FSS disbursement when:

- Services that VHDA and the FSS family have agreed are integral to the FSS family's advancement towards self-sufficiency are unavailable.
- The head of the FSS family becomes permanently disabled and unable to work during the period of the contract, unless the PHA or owner and the FSS family determine that it is possible to modify the contract to designate a new head of the FSS family; or
- An FSS family in good standing moves outside the jurisdiction of the PHA for good cause as determined by VHDA and continuation of the CoP after the move, or completion of the CoP to the move is not possible.
- F. Termination of Contract without Escrow Funds

The CoP will automatically terminate without escrow distribution if the FSS family's housing assistance is:

- terminated in accordance with HUD requirements
- family's failure to meet obligations
- family withdraw

Eligible uses of forfeited escre	ow funds include, but are not limited to:
Eligible Uses	Guidelines / Limitations
☐ Purchasing a vehicle	
	☐ Families interested in using a forfeited escrow funds to purchase a vehicle must first receive a referral to a determined by the FSS Coordinator.
	☑ The maximum forfeited escrow fund amount that will be allowed for a vehicle purchase is: To be determined on a case by case basis.
	⊠ Head of FSS Household must be engaged in financial coaching and this request must have the support of their financial coach
	☑ The terms of any vehicle purchase or vehicle loan will be carefully scrutinized to ensure the terms are reasonable.
	☑ Head of FSS Household must submit a budget that includes the ability to cover insurance, gas and savings for maintenance and repair of the vehicle.
	⊠ Requests will be considered on a case-by-case basis
	☐ Other:
⊠ Child Care	⊠ Requests will be considered on a case-by-case basis
	□ Other
☐ Training for participants	⊠ Requests will be considered on a case-by-case basis
	□ Other
	:

 ☑ Employment training ☑ Employment preparation (e.g., interview training, professional clothing, etc.) ☑ Education costs (books, fees, uniforms, tools, etc.) 	 ☑ Head of FSS Household must be engaged in financial coaching and this request must have the support of their financial coach ☑ Household member receiving funding support must be engaged in financial coaching and this request must have the support of their financial coach ☑ Requests will be considered on a case-by-case basis
⊠ Other:	☑ Transportation Expenses

VII. Family Activities and Supportive Services

Instructions: Describe the activities and supportive services to be provided to FSS families by both public and private providers and identify the public and private resources which are expected to provide the supportive services.

(see FSS Guidebook Section 3.3 Referrals to Service Providers)

Check the categories of services and the specific services that your program plans to make available to families through referrals and

Family Activities and Supportive Services

As described in the next section, all families participating in the FSS program will benefit from coaching that helps them identify and achieve goals that the family selects. Drawing on partners on the program coordinating committee and relationships with other service providers, the coaches will provide referrals as needed to help FSS participants access appropriate services to help them achieve their goals:

Supportive Service Category	Specific Service	Source/Partner
⊠ Assessment	☑ Vocational Assessment Educational	Jobs Plus TBD – Local Community Colleges

indicate the source or partner for that service. The sample Action Plan describes the coaching/case management services provided to families in the next Section.	⊠ Child Care	 ☑ Infant Care / Toddler Care Preschool	Peter Paul of Richmond
	⊠ Transportation	☑ Bus passes☑ Assistance with car repairs☑ Assistance with car purchase	City/County Rapid Transit systems
	⊠ Education	⋈ High School Equivalency/GED⋈ English as a Second Language⋈ Post-secondary certificates	TBD – local community colleges Jobs Plus
	⊠ Skills Training	 ☑ Basic Skills Training ☑ Emerging Technologies Training ☑ Biomedical Training (including CNA, phlebotomy, x-ray and other tech, etc.) ☑ Apprenticeships ☑ Skilled Labor training 	TBD – local community colleges Jobs Plus Commonwealth of Virginia Internship Programs
	⊠ Job Search Assistance	 ☑ Resume Preparation ☑ Interviewing Skills ☑ Dress for Success ☑ Workplace Skills ☑ Job Development 	TBD – Local service providers Jobs Plus
	⊠ Crisis Services	⊠ Crisis Assessment	VA Health Department, DSS

⋈ Homeownership	☒ Homeownership Education☒ Housing Counseling	HOME, Virginia Housing
Preparation	☑ Down payment Assistance	
⊠ Financial Empowermen	 ☒ Financial education ☒ Financial coaching ☒ Training in money management 	Virginia Housing HOME
□ Legal Services	□ Legal Services	VA Legal Aid
□ Debt Resolution & Credit Repair	☐ Assistance negotiating the resolution of past-due debt	Credit Reporting Bureaus

VIII. Method of Identifying Family Support Needs and Delivering Appropriate Support Services

Instructions: Describe how your FSS program will identify the needs of participating families and deliver the appropriate supportive services.

(see FSS Guidebook Section 3.3 Referrals to Service Providers)

Policy Decisions: In completing this section, you will need to make the following policy decisions:

- 1. What approaches and procedures you will use to identify family needs for support services.
- 2. How your program will approach coaching or case management (See FSS Guidebook Chapter 3 Case Management/Coaching for recommendations and best practices).

Whether to provide services referrals to families who have completed their FSS contracts of participation. (Select the option that applies. See 24 CFR 984.303(e)2 for relevant regulations).

Method of Identifying Family Support Needs and Delivering Appropriate Support Services

A. Identifying Family Support Needs

To help determine the supportive services needs of each family, the FSS coordinator will work with the family to complete an initial informal needs assessment for that family before completion of the initial Individual Training Service Plan (ITSP) and signing of the contract of participation. After enrollment in the FSS program, the FSS coordinator may make referrals to partner agencies for completion of one or more formal needs assessments. These assessments may focus on such issues as: employment readiness and employment training needs, educational needs related to secondary and post-secondary education, financial health, and other topics, depending on the needs and interests of the family.

The formal assessments may lead to adjustments to the Individual Training Service Plan, if requested by the family.

B. Delivering Appropriate Support Services

Coaching. All families who participate in the FSS program will be assigned an FSS coordinator who will provide coaching services to help each participating family to:

- Understand the benefits of participating in the FSS program and how the program can help the family achieve its goals.
- Identify achievable, but challenging interim and final goals for participation in the FSS
 program, break down the goals into achievable steps and accompany the family through the
 process.
- Identify existing family strengths and skills.
- Understand the needs that the family has for services and supports that may help the family make progress toward their goals.
- Access services available in the community through referral to appropriate service providers.
- Overcome obstacles in the way of achieving a family's goals.

C. Transitional supportive service assistance.

No assistance or referrals will be available to families who have completed their CoP contracts.

IX. Contract of Participation

Instructions: You are not required by regulation to include a section on the Contract of Participation (CoP) in the FSS Action Plan. However, such a section may help you explain to readers what the Contract is and how your program will implement it.

In addition, the sample Action Plan addresses in this section several of the policies referenced under "optional additional information" in 24 CFR 984.201(d)(13) the FSS Rule.

(see 24 CFR 984.103 (CoP Effective date),

24 CFR 984.303(c) (Term of CoP), 24 CFR 984.303(d) (Extensions of CoP),

24 CFR 984.303(f) (Modification of the CoP),

24 CFR 984.303(g) (Completion of the CoP)) and

Remember, graduation due to a 30% of a family's income being equal to or greater than the FMR for the unit to which they are entitled has been

Contract of Participation

All families enrolled in the FSS program will be required to sign a Contract of Participation (CoP) that includes an Individual Training and Services Plan (ITSP). This section describes the contents of the CoP and the VHDA's policies and practices regarding the CoP.

A. Form and content of contract

The VHDA shall utilize the HUD prescribed and formatted contract of participation, to operate an FSS Program that sets forth the terms and conditions governing participation in the FSS Program.

The CoP, which will incorporate one ITSP for each participating member of the family, sets forth the principal terms and conditions governing participation in the FSS program. These include the rights and responsibilities of the FSS family and of the VHDA, the services to be provided to, and the activities to be completed by, each adult member of the FSS family who elects to participate in the program.

B. ITSP goals

Each individual's ITSP will establish specific interim and final goals by which the VHDA and the family will measure the family's progress towards fulfilling its obligations under the CoP. For any FSS family that is a recipient of welfare assistance at the outset of the CoP or that receives welfare assistance while in the FSS program, the VHDA will establish as a final goal that every member of the family become independent from welfare assistance before the expiration of the CoP. The ITSP of the head of FSS family will also include as a final goal that they seek and maintain suitable employment. The FSS coordinator will work with each participating individual to identify additional ITSP goals that are relevant, feasible and desirable. Any such additional goals will be realistic and individualized.

REMOVED and should not appear in your revised Action Plan.

24 CFR 984.304(d) (Contract of Participation Extension).

Policy Decisions: In completing this section, you will need to make the following policy decisions:

- 1. Whether and under what circumstances to grant extensions of FSS CoPs.
- Acceptable methods for documenting completion of CoPs. (Select the appropriate option.)
- 3. Timing limitations (if any) on when participants may modify their ITSPs. (Select the appropriate option.)
- 4. Policies on the consequences of non-compliance with the terms of the CoP.

C. Determination of suitable employment

As defined in the FSS regulations 24 CFR 984.303(4) (iii), a determination of what constitutes "suitable employment" for each family member with a goal of seeking and maintaining it will be made by VHDA with the agreement of the affected participant, based on the skills, education, job training and receipt of other benefits of the family member and based on the available job opportunities within the community.

D. Contract of Participation term and extensions

The CoP will go into effect on the first day of the month following the execution of the CoP. The initial term of the CoP will run the effective date through the five-year anniversary of the first reexamination of income that follows the execution date. Families may request up to two one-year extensions and are required to submit a written request that documents the need for the extension. VHDA will grant the extension if it finds that good cause exists to do so. In this context, good cause means:

- Circumstances beyond the control of the FSS family, as determined by VHDA such as a serious illness or involuntary loss of employment;
- Active pursuit of a current or additional goal that will result in furtherance of self-sufficiency during the period of the extension (e.g. completion of a college degree during which the participant is unemployed or under-employed, credit repair towards being homeownership ready, etc.) as determined by the VHDA or
- Any other circumstances that the VHDA determines warrant an extension.

E. Completion of the contract

The CoP is completed, and a family's participation in the FSS program is concluded when the FSS family has fulfilled all its obligations under the CoP, including all family members' ITSPs, on or before the expiration of the contract term. The family must provide appropriate documentation that each of the ITSP goals has been completed. VHDA will accept self-certification to document completion of ITSP.

F. Modification

VHDA and the FSS family may mutually agree to modify the CoP with respect to the ITSP and/or the contract term, and/or designation of the head of FSS household. All modifications must be in writing and signed by VHDA as well as the Head of FSS Family.

VHDA will allow for modifications to the CoP under the following circumstances

- When the modifications to the ITSP improve the participant's ability to complete their obligations in the CoP or progress toward economic self-sufficiency
- When the designated head of the FSS family ceases to reside with other family members in the assisted unit, and the remaining family members, after consultation with the VHDA designate another family member to be the FSS head of family
- When a relocating family is entering the FSS program of a receiving PHA and the start date of the CoP must be changed to reflect the date the new CoP is signed with the receiving PHA.

VHDA will allow modifications at any time during the term of the CoP.

G. Consequences of noncompliance with the contract

Participant non-compliance with the CoP may result in termination from the FSS program. See policies on Involuntary Termination in Section X(A).

X. Program Termination, Withholding of Services, and Available Grievance Procedures

Instructions: Describe your FSS program's policies for terminating or withholding supportive services or FSS participation for failure to comply with the Contract of Participation. Include a description of

Program Termination

A. Involuntary Termination

The VHDA may involuntarily terminate a family from FSS under the following circumstances:

the grievance and hearing procedures available to FSS families.

(See 24 CFR 984.201(d)(9) and FSS Guidebook Section 2.3 Contract of Participation and Individual Training and Services Plan)

Policy Decisions: In completing this section, you will need to make the following policy decisions:

- 1. Your FSS program's approaches and procedures assessing and executing involuntary termination from the FSS program.
- 2. Your FSS program's policy on voluntary terminations.
- 3. Your FSS program's grievance procedures, including timelines, modes of communication, settings, and individuals involved.

I. If the participant fails to meet their obligations under the Contract of Participation, the Individual Training and Services Plan and related documentation. Non-compliance includes:

- i. Missing scheduled meetings, failure to return phone calls, and/or maintain contact after written notification of non-compliance
- ii. Failure to work on activities and/or goals set forth in the Individual Training and Services Plan, including employment activities
- iii. Failure to complete activities and/or goals within the specified time frames; and/or
- II. If the participant's housing assistance has been terminated.

Participants who fail to meet their obligations under paragraph I above, as determined by an FSS coordinator, will be given the opportunity to attend a required meeting with the FSS Coordinator or assigned VHDA representative to review the situation. At this meeting, a review of the Contract of Participation, Individual Training and Services Plan, and all related documentation will be conducted, and amendments will be made as necessary (within HUD guidelines) to allow for changes in circumstances. Failure to contact the FSS Coordinator to schedule this meeting within fourteen (14) days of a written request by the FSS program to set up this a meeting or failure by the FSS Head of Household to attend this meeting without some type of correspondence to clarify the issue(s), may lead to termination from the program. The FSS Coordinator will also attempt to contact the participant via phone, text, in person and/or email prior to the review meeting. Participants who remain out of compliance after this meeting will be subject to termination from the FSS program.

If the initial meeting does not resolve the problem, or if the meeting is not requested by the family within the required period, notification of termination will be made to the family by letter stating:

- 1. The specific facts and reasons for termination;
- 2. A statement informing the family of their right to request an informal hearing and the date by which this request must be received (see *Grievance Procedures*);
- 3. A statement informing the family that termination from the FSS program for the reasons stated therein will not result in termination of the family's housing assistance. Failure to request a hearing in writing by the deadline will result in closure of the family's FSS file and all rights to a hearing will be waived. All escrow money held on the family's behalf will be forfeited in accordance with HUD regulations. Housing

assistance will not be terminated based on non-compliance with the FSS program. The current amount of escrow in the family's escrow account will be included in the letter.

B. Voluntary Termination

Participants may also be terminated from the FSS program under the following circumstances:

- Mutual consent of both parties; and/or
- The family's withdrawal from the program.

C. Termination with Escrow Disbursement

In most cases, families whose FSS contracts are terminated will not be entitled to disbursement of their accrued FSS escrowed funds. However, the CoP will be terminated with FSS disbursement when one of the following situations occurs:

- (i) Services that the VHDA and the FSS family have agreed are integral to the FSS family's advancement towards self-sufficiency are unavailable.
- (ii) The head of the FSS family becomes permanently disabled and unable to work during the period of the contract, unless the VHDA and the FSS family determine that it is possible to modify the contract to designate a new head of the FSS family.
- (iii) An FSS family in good standing moves outside the jurisdiction of the PHA (in accordance with portability requirements at 24 CFR §982.353) for good cause, as determined by the PHA, and continuation of the CoP after the move, or completion of the CoP prior to the move, is not possible.

D. Grievance Procedures

All requests for an informal hearing must be received by VHDA FSS Coordinator within fourteen (10) business days of the date of the FSS termination letter. If a hearing is requested by the FSS family, notification to the family regarding the date, time, and location of the informal hearing will be made by mail.

Persons included in the informal hearing shall include, but not be limited to:

- The FSS head of household
- The FSS Coordinator; and
- The VHDA staff members, other than FSS program staff, serving as the Hearing Officer

All participants have the right to obtain legal representation and provide their witnesses. The family may request to reschedule a hearing for good cause, or if it is needed as reasonable accommodation for a person with disabilities. Good cause is defined as an unavoidable conflict which seriously affects the health, safety, or welfare of the family. Requests to reschedule a hearing must be made in writing within (5) days prior to the hearing date.

Optional Alternative Text on Grievances for PHAs: VHDA's PHA Plan details the VHDA's Grievance Procedures (See Administrative Plan Chapter 16, page 9).

If the family does not appear at the scheduled time and was unable to reschedule the hearing in advance due to the nature of the emergency, the family must contact the *[organization]* within 24 hours of the scheduled hearing date, excluding weekends and holidays. *[Organization]* will then reschedule the hearing. The Hearing Officer will issue a written decision to the family within ten (10) business days after the hearing. The decision made by the Hearing Officer will be final. The *[organization]* reserves the right to overturn the Hearing Officer's decision only in the event that the decision is contrary to the organization's written policies.

XI. Assurance of Non-Interference

Instructions: Include a statement here that provides an assurance that a family's election not to participate in the FSS program will not affect the family's participation in the rental assistance program.

(see FSS Guidebook Section 1.2 What is FSS and Why is it Important?)

Assurance of Non-Interference

Participation in the FSS Program is voluntary. A family's decision on whether to participate in FSS will have no bearing on the VHDA's decision of whether to admit the family into the *FSS* program. The family's housing assistance will not be terminated based on whether they decide to participate in FSS, their successful completion of the CoP, or on their failure to comply with FSS program requirements.

VHDA will ensure that the voluntary nature of FSS program participation is clearly stated in all FSS outreach and recruitment efforts.

XII. Timetable

Instructions: Provide a schedule for program implementation and for filling all FSS slots with eligible FSS families.

Separate options have been provided for FSS programs that have already started or have not yet started.

If you don't know the year you first started, remember, this is SAMPLE plan. "Since the late 1990's" "for many years" etc. are valid alternatives to indicate that you have already established a program.

(see FSS Guidebook Section 2.2 Outreach and Enrollment)

Timetable

☑ **Option 2:** VHDA will be implementing its FSS program in the following timeline: TBD – based on approval from HUD.

Program Begins

The FSS program will commence operation as soon as the VHDA has received notification of HUD's approval of the Action Plan.

Program Coordinating Committee

Within 90 days after the program begins, a Program Coordinating Committee (PCC) will begin meeting on a regular basis established by the Committee. Additional special meetings will occur as needed.

Outreach

Within 90 days of program launch, outreach efforts will commence, as described above in the Outreach section.

Participant Selection

Candidates who respond to the outreach efforts will be selected in accordance with the selection procedures described above.

Contract Execution

Contracts of Participation will be executed with selected participants on a rolling basis. The first Contracts of Participation are expected to be completed within 3 months of program launch.

Full Enrollment

Outreach has indicated there is a lot of interest in the FSS program and we do not anticipate it taking long to reach the initial enrollment of 25 families. The FSS program expects to reach enrollment of 25 participants within 3 months of program launch.

<u>Program Maintenance</u>

The FSS program expects to operate at full capacity subject to normal fluctuations related to families leaving and entering the program. In addition, the program anticipates expanding based on FSS coordinator capacity after processes and procedures are tested and established.

XIII. Reasonable Accommodations, Effective Communications, and Limited English Proficiency

Instructions: Reasonable accommodations and effective communications for persons with disabilities are required by federal law. While there is no specific requirement in the program regulations to describe in the FSS Action Plan the agency's policy on reasonable accommodations and effective communications, inclusion of this section in the Action Plan can be helpful for reinforcing the commitment of the PHA/owner to these important policies. The sample plan also describes the agency's commitment to meeting the needs of people with Limited English Proficiency.

Reasonable Accommodations, Effective Communications and Limited English Proficiency Requirements

Requests for Reasonable Accommodations

A person with disabilities may request reasonable accommodations to facilitate participation in the FSS program. Requests will be considered on a case-by-case basis.

Requests should be made initially to the FSS coordinator. If a family is not satisfied with the FSS Coordinator's response, the family may submit a request in writing in accordance with the agency's reasonable accommodations policy. The policy is available online at *[location]*.

Request for Effective Communications

A person with disabilities may request the use of effective communication strategies in order to facilitate participation in the FSS program. Examples include: appropriate auxiliary aids and services, such as interpreters, computer-assisted real time transcription (CART), captioned videos with audible video description, visual alarm devices, a talking thermostat, accessible electronic communications and websites, documents in alternative formats (e.g., Braille, large print), or assistance in reading or completing a form, etc.

Requests should be made initially to the FSS coordinator. If a family is not satisfied with the FSS Coordinator's response, the family may submit a request in writing in accordance with the agency's effective communications policy. The policy is available online at Virginia housing.com.

Limited English Proficiency

The VHDA will comply with HUD requirements to conduct oral and written communication related to the FSS program in languages that are understandable to people with Limited English Proficiency. For more information, see the Limited English Proficiency policy available online at Virginiahousing.com.

XIV. Coordination of Services

Instructions: Certify that the development of the services and activities scheduled to be provided under the FSS program has been coordinated with public and private providers, including with programs under title I of the Workforce Innovation and Opportunity Act 29 U.S.C. 3111 et seg and other relevant employment, child care, transportation, training, education, and financial empowerment programs in the area. In this certification, you should further specify that implementation will continue to be coordinated with these local public and private providers to avoid duplication of services.

Note: PHAs should include here a description of the Program Coordinating Committee. (This provision does not apply to multifamily owners.)

(See 24 CFR 984.201(d)12, 24 CFR 984.202 and FSS Guidebook Sections 3.3 Referrals to Service Providers and 6.1 Building Partnerships)

Coordination of Services

A. Certification of Coordination

Development of the services and activities under the FSS program has been coordinated with programs under title I of the Workforce Innovation and Opportunity Act 29 U.S.C. 3111 et seq., and other relevant employment, child care, transportation, training, education, and financial empowerment programs in the area. Implementation will continue to be coordinated, in order to avoid duplication of services and activities.

The VHDA certifies that the FSS program has partnered with various organizations for services and activities geared towards the self – sufficiency of its participants. These services and activities under title I of the Workforce Innovation and Opportunity Act 29 U.S.C. 3111 et seq., and other relevant employment, child care, transportation, education, financial, homeownership, and other relevant programs in the community. The FSS Coordinators will continue to recruit partners to refer to our FSS participants

B. Program Coordinating Committee

The principal vehicle for ensuring ongoing coordination of services is the program coordinating committee (PCC), which has been established in accordance with FSS regulations to assist in securing commitments of public and private resources for the operation of the FSS Program. Among other responsibilities, the PCC will help the FSS program to identify and build strong referral relationships with providers of supportive services that meet the needs of FSS participants. The PCC will also be consulted in developing program policies and procedures.

The PCC will meet quarterly and may conduct business on an as-needed basis via email or telephone conferences. The PCC includes the following representatives:

- 1. One or more FSS Program Coordinators
- 2. One or more participants from each HUD rental assistance program served by the FSS program.
- 3. Representatives from a variety of agencies and individuals, which include but are not limited to the following:

The VHDA certify that a Program Coordinating Committee (PCC) has been established in accordance with FSS regulations. The purpose of the committee is to assist in securing commitments of public and private resources for the operation of the FSS program. Among other responsibilities, the PCC help the FSS program to identify and build strong referral relationships with providers of supportive services to meet the needs of FSS participants. The PCC also is consulted when developing program policies and procedures. The committee will consist of members from VHDAs public housing, current FSS participant enrollee, employee with community-based partners, VHDA employee, and employment organizations and will meet as needed to conduct business on an as needed basis via email or telephone conferences.

Housing Opportunities Made Equal (HOME) New River Community Action Inc ACTION in Community Through Services Peter Paul Services

XV. FSS Portability (Applicable to HCV Only)

Instructions: While not specifically required by the federal program regulations, it can be helpful to include a section describing how the program will approach portability.

(see 24 CFR 984.306 and FSS Guidebook Section 6.7 Portability in the FSS Program)

Policy Decisions: In completing this section, you will need to make the following policy decision:

Portability

A. Portability in initial 12 months

While VHDA is not required to allow FSS participants to exercise portability within the initial 12 months after signing a CoP, it is the policy of VHDA to allow for portability within this period to the extent feasible.

B. Moves into the PHA's jurisdiction

If an FSS participant moves into VHDA jurisdiction, they will be admitted in good standing into VHDA's FSS program unless VHDA is already serving the number of FSS families Identified in this FSS Action Plan and determines that it does not have the resources to manage the FSS contract.

- 1. Whether your FSS program will allow portability in the first 12 months of enrollment.
- 2. Under what circumstances your FSS program will accept FSS participants porting into your FSS program from another jurisdiction's FSS program.

Under what circumstances your FSS program will agree to a family porting into your agency's jurisdiction to remain in the initial agency's FSS program (provided that the initial PHA agrees to retain the family in its program and demonstrates that the family meets conditions under 24 CFR 984.306(b)1 to fulfill its responsibilities under the initial CoP).

Regardless of whether VHDA is able to receive an incoming family from another jurisdiction into the FSS program, VHDA will agree to allow and support porting families to remain in their initial PHA's FSS program after porting housing vouchers if the initial PHA requests that the family remain in the initial FSS program and can demonstrate the family is able to fulfill its responsibilities under the initial CoP, the move in jurisdictions notwithstanding.

C. FSS termination with disbursement for porting families

If an FSS family seeks to move to a jurisdiction that does not offer an FSS program, VHDA will closely examine the family's progress to determine if it would be appropriate to exercise FSS Termination with Disbursement as discussed above in the section on Termination.

• Where continued FSS participation is not possible, VHDA will discuss the options that may be available to the family, depending on the family's specific circumstances, which may include, but are not limited to, modification of the FSS contract, termination of the FSS contract and forfeiture of escrow, termination with FSS escrow disbursement in accordance with 24 CFR § 984.303(k) (1) (iii), or locating a receiving PHA that has the capacity to enroll the family into its FSS program.

XVI. Other Policies

Instructions : Describe any		
other FSS program-related		
policies over which your		
program has discretion that are		
not covered above.		

The Sample Action Plan lists the local discretionary policies specifically identified under the section "optional additional

Other Policies

Policy	Where Addressed in Plan
(i) Policies related to the modification of goals in the ITSP;	Section IX Contract of Participation
(ii) The circumstances in which an extension of the Contract of Participation may be granted	Section IX: Contract of Participation

information" in 24 CFR		
984.201(d)13 and specifies in		
which section of this sample		
action plan each is included.		
Including a table like this one in		
your Sample Action Plan will		
make it easier to find policies		
that could be included under		
more than one heading.		

(iii) Policies on the interim disbursement of escrow, including limitations on the use of the funds (if any)	Section VI: FSS Escrow Account and Other Incentives for Participants
(iv) Policies regarding eligible uses of forfeited escrow funds by families in good standing	Section VI: FSS Escrow Account and Other Incentives for Participants
(v) Policies regarding the re-enrollment of previous FSS participants, including graduates and those who exited the program without graduating	Section IV. Family Selection Procedures
(vi) Policies on requirements for documentation for goal completion;	Section IX: Contract of Participation
(vii) Policies on documentation of the household's designation of the "Head of FSS Household;	Section IV. Family Selection Procedures
(viii) Policies for providing an FSS selection preference for porting families (if the PHA elects to offer such a preference)	Section IV: Family Selection Procedures

A. Other Policies

Calculating the FSS Credit Amount

At enrollment into the FSS Program, the most effective rent certification must be used to establish the baseline. For the purpose of determining the baseline for calculating the FSS credit, the FSS family's total tenant payment (TTP), as of the effective date of the FSS contract, for families paying an income-based rent as of the effective date of the FSS contract or the amount of the flat or ceiling rent (which includes the applicable utility allowance) and including any hardship discounts, as of the effective date of the FSS contract, for families paying a flat or ceiling rent as of the effective date of the FSS contract. The FSS credit amount shall be the lower of:

• Thirty 30% of one-twelfth (1/12) (i.e., two and a half (2.5) percent) of the amount by which the family's current annual earned income exceeds the family's baseline annual earned income; or

- The increase in the family's monthly rent. The increase in the family's monthly rent shall be the lower of:
 - > The amount by which the family current monthly rent exceeds the family's baseline monthly rent
 - ➤ HCV families, the difference between the baseline monthly rent and the current gross rent (i.e., rent to owner plus any utility allowance) or the payment standard, whichever is lower).

If the FSS family has been found to have under-reported income after the baseline annual earned income was set, the amount credited to the FSS escrow account will be based on the income amounts originally reported by the FSS family.

If the FSS family is found to have under-reported income in the re-examination used to set the baseline, the escrow for the entire period of the COP will be re-calculated using the correct income to set the baseline and then calculate subsequent escrow amounts.

XVII. Definitions

Definitions

The definitions below are specified in CFR 24 984.103. The terms 1937 Act, Fair Market Rent, Head of Household, HUD, Public Housing, Public Housing Agency (PHA), Secretary, and Section 8, as used in this part, are defined in 24 CFR Part 5.

Certification means a written assertion based on supporting evidence, provided by the FSS family or the *[organization]*, as may be required under this part, and which:

- (1) Shall be maintained by the VHDA in the case of the family's certification, or by HUD in the case of the PHA's or owner's certification;
- (2) Shall be made available for inspection by HUD, the VHDA, and the public, as appropriate; and,
- (3) Shall be deemed to be accurate for purposes of this part, unless the Secretary or the VHDA, as applicable, determines otherwise after inspecting the evidence and providing due notice and opportunity for comment.

Contract of Participation (CoP) means - a contract, in a form with contents approved by HUD, entered into between an FSS family and a VHDA operating an FSS Program that sets forth the terms and conditions governing participation in the FSS Program. The CoP includes all Individual Training and Services Plans (ITSPs) entered into between the VHDA and all members of the family who will participate in the FSS Program, and which plans are attached to the CoP as exhibits. For additional detail, see § 984.303.

Effective date of Contract of Participation (CoP) - means the first day of the month following the date in which the FSS family and the PHA entered into the CoP.

Eligible families mean current residents of Public Housing (Section 9) and current Section 8 program participants, as defined in this section, including those participating in other local self-sufficiency programs.

Enrollment means the date that the FSS family entered into the CoP with the VHDA.

Family Self-Sufficiency (FSS) Program means the program established by a PHA within its jurisdiction or by an owner to promote self-sufficiency among participating families, including the coordination of supportive services to these families, as authorized by section 23 of the 1937 Act.

FSS escrow account (or, escrow) means the FSS escrow account authorized by section 23 of the 1937 Act, and as provided by § 984.305.

FSS escrow credit means the amount credited by the VHDA to the FSS family's FSS escrow account.

FSS family means a family that resides in Public Housing (Section 9) or receives Section 8 assistance or receives HUD Project-Based Rental Assistance for a privately owned property, and that elects to participate in the FSS Program, and whose designated adult member (head of FSS family), as determined in accordance with § 984.303(a), has signed the CoP.

FSS family in good standing means, for purposes of this part, an FSS family that is in compliance with their FSS CoP; has either satisfied or are current on any debts owed the VHDA; and is in compliance with the regulations regarding participation in the relevant rental assistance program.pro

FSS related service program means any program, publicly or privately sponsored, that offers the kinds of supportive services described in the definition of "supportive services" set forth in this § 984.103.

FSS slots - refers to the total number of families (as determined in the Action Plan and, for mandatory programs, in § 984.105 of this part) that the PHA will serve in its FSS Program.

FSS Program Coordinator means the person(s) who runs the FSS program. This may include (but is not limited to) performing outreach, recruitment, and retention of FSS participants; goal setting and case management/coaching of FSS participants; working with the community and service partners; and tracking program performance.

FY means Federal Fiscal Year (starting October 1 and ending September 30, and year designated by the calendar year in which it ends).

Head of FSS family means the designated adult family member of the FSS family who has signed the CoP. The head of FSS family may, but is not required to be, the head of the household for purposes of determining income eligibility and rent.

Individual Training and Services Plan (ITSP) means a written plan that is prepared by the VHDA in consultation with a participating FSS family member (the person with, for, and whom the ITSP is being developed), and which sets forth:

- (1) The final and interim goals for the participating FSS family member;
- (2) The supportive services to be provided to the participating FSS family members;
- (3) The activities to be completed by that family member; and,
- (4) The agreed upon completion dates for the goals and activities.

Each ITSP must be signed by the VHDA and the participating FSS family member, and is attached to, and incorporated as part of the CoP. An ITSP must be prepared for each adult family member who elects to participate in the FSS Program, including the head of FSS family who has signed the CoP.

Owner means the owner of multifamily assisted housing.

Self-sufficiency means that an FSS family is no longer receiving Section 8, Public Housing assistance, or any Federal, State, or local rent or homeownership subsidies or welfare assistance. Achievement of self-sufficiency, although an FSS program objective, is not a condition for receipt of the FSS escrow account funds.

Supportive services mean those appropriate services that VHDA will coordinate on behalf of an FSS family under a CoP, which may include, but are not limited to:

(1) *Childcare*—childcare (on an as-needed or ongoing basis) of a type that provides sufficient hours of operation and serves an appropriate range of ages;

- (2) *Transportation*—transportation necessary to enable a participating FSS family member to receive available services, or to commute to their place(s) of employment;
- (3) *Education*—remedial education; education for completion of high school or attainment of a high school equivalency certificate; education in pursuit of a post-secondary degree or certificate;
- (4) *Employment Supports*—job training, preparation, and counseling; job development and placement; and follow-up assistance after job placement and completion of the CoP;
- (5) *Personal welfare*—substance/alcohol abuse treatment and counseling, and health, dental, mental health and health insurance services;
- (6) Household management—training in household management;
- (7) Homeownership and housing counseling—homeownership education and assistance and housing counseling;
- (8) Financial Empowerment—training in financial literacy, such as financial coaching, training in financial management, asset building, and money management, including engaging in mainstream banking, reviewing and improving credit scores, etc.;
- (9) Other services—any other services and resources, including case management, optional services, and specialized services for individuals with disabilities, that are determined to be appropriate in assisting FSS families to achieve economic independence and self-sufficiency. Reasonable accommodations and modifications must be made for individuals with disabilities consistent with HUD requirements, including HUD's legal obligation to make reasonable modifications under Section 504 of the Rehabilitation Act.

Welfare assistance means (for purposes of the FSS program only) income assistance from Federal, (i.e. Temporary Assistance for Needy Families (TANF) or subsequent program) State, or local welfare programs and includes only cash maintenance payments designed to meet a family's ongoing basic needs. Welfare assistance does not include:

- (1) Nonrecurrent, short-term benefits that:
 - (i) Are designed to deal with a specific crisis or episode of need;
 - (ii) Are not intended to meet recurrent or ongoing needs; and,
 - (iii) Will not extend beyond four months.
- (2) Work subsidies (i.e., payments to employers or third parties to help cover the costs of employee wages, benefits, supervision, and training);
- (3) Supportive services such as childcare and transportation provided to families who are employed;
- (4) Refundable earned income tax credits;
- (5) Contributions to, and distributions from, Individual Development Accounts under Temporary Assistance for Needy Families (TANF);

- (6) Services such as counseling, case management, peer support, childcare information and referral, financial empowerment, transitional services, job retention, job advancement, and other employment-related services that do not provide basic income support;
- (7) Amounts solely directed to meeting housing expenses;
- (8) Amounts for health care;
- (9) Supplemental Nutrition Assistance Program and emergency rental and utilities assistance;
- (10) Supplemental Security Income, Social Security Disability Income, or Social Security; and
- (11) Child-only or non-needy TANF grants made to or on behalf of a dependent child solely on the basis of the child's need and not on the need of the child's current non-parental caretaker.